# The 3-Minute Escape

Need a more positive outlook? Spend three minutes reading over these Scriptures and picturing God on His throne. Then picture yourself, with palms facing up, offering all your cares, worries, and burdens up to Him.

### 1 Chronicles 29:11

Yours, O LORD, is the greatness, the power, the glory, the victory, and the majesty. Everything in the heavens and on earth is yours, O LORD, and this is your kingdom. We adore you as the one who is over all things.

## Revelation 5:13

And then I heard every creature in heaven and on earth and under the earth and in the sea. They sang: "Blessing and honor and glory and power belong to the one sitting on the throne and to the Lamb forever and ever."

## 2 Chronicles 20:6

He prayed, "O LORD, God of our ancestors, you alone are the God who is in heaven. You are ruler of all the kingdoms of the earth.

You are powerful and mighty; no one can stand against you!"

# Deuteronomy 4:39

"So remember this and keep it firmly in mind: The LORD is God both in heaven and on earth, and there is no other."

## Daniel 4:35

All the people of the earth are nothing compared to him. He does as he pleases among the angels of heaven and among the people of the earth. No one can stop him or say to him, 'What do you mean by doing these things?'

#### Psalm 33:11

But the LORD's plans stand firm forever; his intentions can never be shaken.

## Psalm 40:5

O LORD my God, you have performed many wonders for us. Your plans for us are too numerous to list. You have no equal.

If I tried to recite all your wonderful deeds, I would never come to the end of them.

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